



The Shambles Lutterworth

10-12 BELL STREET LUTTERWORTH LEICESTERSHIRE

LE17 4DW Tel/Fax 01455 552620

Gluten Free Menu:

Starters:

Homemade Soup of the day (please ask) £3.95
Served with roll and butter.

Garlic King Prawns – £4.95
Succulent prawns pan fried with garlic, served with garlic bread and on a bed of salad leaves.

Loaded Potato Skins – £4.25
Filled with bacon & cheese served with salad garnish.

Hot 'N' Spicy Chicken Wings – £4.95
Served with hot piri piri sauce and salad garnish.

Beetroot Falafel Balls – £4.25
Beetroot, chickpeas, red peppers and spices formed into falafel balls served with salad garnish.



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Mains:

Shambles Chicken – £9.50

A grilled chicken breast topped with bacon and melted cheese, smothered in a rich BBQ sauce served with chips, coleslaw and salad garnish.

Freshly Grilled Chicken and Bacon Salad – £7.95

Served on a bed of mixed salad leaves, cucumber, peppers, tomato and red onion.

Cold Gammon Ham, 2 fried free range eggs and chips – £6.95

Served with salad garnish.

Omelette – £4.75

3 egg omelette served with chips and salad.
Extra filling - add £1.00

Spring Green Risotto – £8.25

Spring green vegetables mixed with rice in a creamy sauce

Mexican Beef Chilli – £7.95

Lean ground beef cooked in a medium spiced sauce with tomatoes, jalapenos, red and green peppers and red kidney beans served with rice/chips.

BBQ Lentil and Mixed Seed Burger – £4.95

Served in a white burger bun with lettuce, tomato, mayonnaise, chips and coleslaw.

Butchers Treat – £6.95

2 cumberland sausages, 2 free range fried eggs and chips.



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Fish Dishes

Seabass Fillet – £11.75

Pan fried in olive oil, lemon juice and parsley and served on a bed of salad leaves with new potatoes and peas.

Lemon Butter Salmon – £11.25

Poached salmon fillet served with lemon butter sauce, new potatoes, peas and a light salad garnish.

From The Grill:

8oz Barnsley Lamb Chop – £8.95

served with mash and vegetables or chips and peas

12oz Pork T-Bone Chop – £9.25

served with mash and vegetables or chips and peas.

8oz Horseshoe Gammon Steak – £8.25

Served with egg or pineapple, chips, peas and salad garnish.

***8oz Rump Steak -** £10.95

***10oz Sirloin Steak -** £14.45

***12oz T-Bone Steak -** £15.95

***Mega Mixed Grill –** £16.45

served with a free-range fried egg.

***All steaks cooked to your liking and served with mushrooms, half grilled tomato, chips, peas and salad garnish.**

Weights are correct before cooking. If you are concerned about food allergies e.g nuts then please see a team member for assistance when selecting menus. Prices are inclusive of V.A.T Gratuities are discretionary.



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Desserts:

<u>Almondy Daim Bar tart –</u>	£3.95
Daim Chocolate tart with creamy caramel and a sweet almond base served with ice-cream or cream.	
<u>Caramel Apple Granny –</u>	£4.25
Pastry case filled with juicy apples and caramel laced with smooth custard and crumble topped with a layer of caramel served with ice-cream or cream.	
<u>Blackberry and Apple Crumble –</u>	£4.25
Served with custard or ice-cream.	
<u>Pavlova - choice of Strawberry or Raspberry</u>	£4.50
Served with strawberry or vanilla ice-cream.	
<u>Ice Cream Trio</u>	£3.25
One scoop of vanilla, strawberry, chocolate ice cream served with dairy cream.	
<u>Banana Split –</u>	£3.95
Banana served with vanilla ice-cream, dairy cream and caramel flavoured sauce.	